



WHO CAN PARTICIPATE?

All foreign nationals and EU citizens who have received a notification from the Police and Border Guard Board on enrolment in the programme are welcome to take part in the trainings.

If you have received no such notification but you have legally resided in Estonia for less than five years and would like to participate in the training, you can request enrolment in the programme by sending a letter of application to the Police and Border Guard Board. Learn more about how to submit your application at www.settleinestonia.ee

WHY TO PARTICIPATE?

After completing the family life module, you will have received information about the following children related topics:

- Kindergartens and schools
- Hobby classes and children's rights and obligations
- Possibilities to find employment, self-development and recreation

The training will also be an opportunity to exchange experiences and make new friends.



Family Life module of the Welcoming Programme is coordinated by Expat Relocation Estonia OÜ.

For further information on the module please contact us at

family@settleinestonia.ee



WELCOMING PROGRAMME FAMILY LIFE MODULE

Training for newly arrived families about living in Estonia, support services for children and families, education and spending free time



Euroopa Liit
Euroopa Sotsiaalfond



Eesti tuleviku heaks



Varjupaiga-, rände-
ja integratsioonifond



SISEMINISTEERIUM

Kohanemisprogrammi rahastatakse Euroopa Sotsiaalfondist, Varjupaiga-, Rände- ja Integratsioonifondist ja riigieelarvest

WELCOMING PROGRAMME

FAMILY LIFE MODULE

What is welcoming programme?

The purpose of the Welcoming Programme is to support your migration and subsequent integration in Estonia. The programme consists of modules: basics, work and entrepreneurship, study, science, family life and children and youth, international protection and basic language training (A1 level). All necessary information about the training modules and registration for them can be found at

www.settleinestonia.ee

Content of the family life module

In the course of the training, the most important topics will be discussed that people having come to Estonia for family reasons, having taken along their children or wishing to know more about the opportunities of self-development and recreation in Estonia could benefit from knowing.

The following topics will be discussed, among others:

- The legal bases for living in Estonia
- The system of family benefits in Estonia
- Children-related information and services
- How to register your child for a school or a kindergarten

- Parental benefit and parental leave
- Opportunities for recreation
- Estonian pension system
- Estonian education system
- The rights and duties of children and parents
- Social services and allowances in Estonia
- Labour market services and employment mediation portals
- In-service training opportunities
- Family-related services for foreign nationals.

Structure of the training course

The duration of the family life module is one day (8h) and it includes information sharing by experts, answering any questions you may have as well as directions for finding further info you may need.

The trainings are held in Tallinn, Tartu and Narva. Upon registering for the module, you can choose between English or Russian as the language of instruction. Participation is free of charge. Upon completion of the training, you will receive a digital or, upon request, a hard copy certificate confirming that you have completed the training.

More information about the schedule, venues and registration can be found at www.settleinestonia.ee

